

GUBBANTÓS CSÁRDÁS (GOOB-bawn-tohsh CHAR-dahsh)
(Hungary)

Couple dance.

Translation: Csárdás with gubban" (a special movement with a sudden accent).

Record: Folkraft LP-37, side B, band 3.

Formation: Cpls anywhere, W on ptr R.

Starting Pos: Inside hds joined (M R wrist in front of W L, for easier movement in meas 3-4). R ft free.

Steps: GUBBANTÓS STEP (R) (♩♩♩♩): Step sdwd R on R ft with a slight accent and bending R knee (ct 1), step on L ft beside R (ct 2), and repeat (cts 3, 4). This is a variation of the DOUBLE CSÁRDÁS STEP (R). GUBBANTÓS STEP (L): same, reversing ftwork and lateral direction.

GUBBANTÓS LIFT (R) (♩♩): Step on whole R ft and bend R knee and also raise L leg fwd low with knee bent slightly and leg rotated slightly L (ct 1), straighten R knee and raise R heel slightly L (ct 2). GUBBANTÓS LIFT (L): same, reversing ftwork and lateral direction.

GUBBANTÓS STEP WITH LIFT (R): (♩♩♩♩): Step sdwd R on R ft with a slight accent and bending R knee (ct 1), step on L beside R (ct 2). Follow this with one GUBBANTÓS LIFT (R) (cts 3, 4). GUBBANTÓS STEP WITH LIFT (L): same, reversing ftwork and lateral direction.

Music: 4/4

Meas

Pattern

<u>Meas</u>	<u>Pattern</u>
	<u>FIGURE I</u>
1	♩♩♩♩ One GUBBANTÓS STEP (R).
2	♩♩♩♩ One GUBBANTÓS STEP (L).
3	♩♩♩♩ One GUBBANTÓS STEP (R), M in place but turning slightly L and W moving fwd to finish in front of ptr.
4	♩♩♩♩ One GUBBANTÓS STEP (L), both returning to original starting pos.
5-16	Repeat meas 1-4 thrice (4 times in all) except, at the end (meas 16), W does not return to place but remains in front of ptr to finish in Turn Pos.

GUBBANTÓS CSÁRDÁS (continued)FIGURE II

In Turn Pos:

- 1-3 Three GUBBANTÓS STEP WITH LIFT (R,L,R).
 4 One GUBBANTÓS LIFT (L,R).
 5-8 Repeat meas 1-4, Fig. II reversing ftwork.
 9-10 Two GUBBANTÓS STEP WITH LIFT (R,L).
 11-12 Four GUBBANTÓS LIFTS (R,L,R,L).
 13-16 Repeat meas 1-4, Fig. II.

FIGURE III

In original Starting Pos:

- 1-2 Repeat action of meas 2-3, Fig. I.
 3-4 Step L to L side (cts 1,2), two RIDA STEPS (R) (cts 3,4, 1,2), step on R (ct 3), hold (ct 4).
 5-16 Repeat action of meas 1-4, Fig. III three times (4 in all).

FIGURE IV

- 1-2 Repeat action of meas 2-3, Fig. I.
 3-4 W turn CW alone, M does two GUBBANTÓS STEPS (L,R).
 5-16 Repeat action of meas 1-4, Fig. IV three times (4 in all).

Dance description by Rickey Holden and Dr. Csaba Pálfi.

Presented by Dr. Csaba Pálfi